

MAR BRAVO

HOTEL | RESTAURANTE

ALLERGENS



Mollusc



Sesame



Celery



Sulfur Dioxide



Egg



Shell Fish



Fish



Peanut



Meat



Soybean



Nuts



Gluten



Lactose



Mustard



Piquant

APPETIZER

COUVERT 🍷 🍴 🥄 BREAD (2€), HOMEMADE TUNA PATE (2€), OLIVES(1,80€), BUTTER (1€)	2.50€ PER PERSON
NOBLE PORTUGUESE CHEESE BOARD 🍷 🍴 🥄	12.00€
CLAMS "À BULHÃO PATO" 🍷 🍴	18.00€
SHRIMPS IN GARLIC SAUCE 🍷 🍴	14.50€
MUSSELS IN CRÈME FRAÎCHE 🍷 🍴	12.00€
TUNA TATAKI BREADED IN SESAME 🍷 🍴 BALSAMIC REDUCTION, WILD ARUGULA AND MANGO SAUCE	13,00€
TUNA CEVICHE 🍷 SEAWEED, MANGO, RED ONION, LIME AND CHERRY TOMATO	13.50€
PORTUGUESE BLACK PUDDING WITH APPLE AND RED ONION CHUTNEY 🍷 🍴 🥄	9.00€
OCTOPUS SALAD 🍷 🍴 🥄 PEPPERS, PARSLEY, ONION, OLIVE OIL, VINEGAR AND PEPPER	14.50€

SOUPS

SEAFOOD SOUP 🍷 🍴 🥄 🍴 🍴 🍴 🍴	5.50€
FISH SOUP 🍷 🍴	4.50€
VEGETABLE SOUP	3.50€

SALADS

SHRIMP SALAD 🍷 🍴 IBERIAN LETTUCE, SHRIMP, MANGO, APPLE, WALNUT AND CHERRY TOMATO	16.50€
CAESAR SALAD 🍷 🍴 🍴 🍴 🍴 ROMAINE LETTUCE, CROUTONS, CAESAR SAUCE, PARMESAN, CHICKEN, TOMATO AND ORANGE	15.00€
MIXED SALAD 🍷 🍴 🍴 LETTUCE, CARROT, CUCUMBER, TOMATO, ONION AND DRIED FRUITS	6.50€

FISH BY KILO

PRICE ON REQUEST

SEABASS

SOLE

“CANTARIL”

SEABREAM

GROUPEL

CARDINAL

SEAFOOD BY KILO

BLUE LOBSTER
BOILED- GRILLED- RICE

SHRIMP
BOILED

CRAB
STUFFED

LOBSTER
BOILED- GRILLED- RICE

TIGER PRAWN
GRILLED

OYSTERS
KG

FISH AND SEAFOOD DISHES

“MAR BRAVO” SEAFOOD BOAT 🍷🍷🍷🍷🍷 TIGER PRAWN, LOBSTER, CLAMS AND FRIED SHRIMP (2 PERSON)	105.00€
SEAFOOD BOAT 🍷🍷🍷🍷🍷🍷 CRAB, LOBSTER, OYSTER, SHRIMP, CLAMS AND MUSSELS (2 PERSON)	85.00€
SEAFOOD RICE 🍷🍷🍷🍷🍷 LOBSTER, SHRIMP, CLAMS, MUSSELS AND CRAB AND CORIANDER (1 PERSON / 2 PERSON)	28.00 / 50.00€
SHRIMP RICE 🍷🍷🍷🍷🍷 RICE, SHRIMP AND CORIANDER (1 PERSON / 2 PERSON)	22.00 / 39.00€
FISH AND SEAFOOD “CATAPLANA” 🍷🍷🍷🍷🍷 FISH, SHRIMP, MUSSELS, CLAM, POTATOES, ONION AND CORIANDER (1 PERSON / 2 PERSON)	28.00 / 50.00€
SEAFOOD “AÇORDA” 🍷🍷🍷🍷🍷 SHRIMP, CLAM, BREAD AND CORIANDER (1 PERSON / 2 PERSON)	22.00 / 39.00€
SHRIMPS RISOTTO 🍷🍷🍷 SHRIMP, PARMESAN AND SEAWEED	18.00€
“LAGAREIROS” TRILOGY 🍷🍷 OCTOPUS, CODFISH, SQUID, SWEET POTATOES AND VEGETABLES	22.00€
SALMON ON THE GRILL 🍷 SAUTEED VEGETABLES AND CRASHED POTATOES	17.00€
TUNA STEAK 🍷 SWEET POTATO PUREE AND SAUTEED VEGETABLES	18.00€
SARDINE DOSE - SEASONAL 🍷 TOMATO, ONION, PEPPER AND CRASHED POTATOES	15.00€

MEAT

BLACK PORK "SECRETOS" 🍷 🍷 🍷
GRILLED PINEAPPLE, POTATO GRATIN **16.50€**

MATURED SIRLOIN STEAK 🍷 🍷 🍷 🍷 🍷
VEGETABLE TOWER, POTATO GRATIN AND BARBECUE SAUCE **19.00€**

BEEF FILLET 🍷 🍷 🍷 🍷 🍷
VEGETABLES, POTATO GRATIN, AROMATIC SAUCE AND MUSHROOMS **25.00€**

CHICKEN BREAST "MAR BRAVO STYLE" 🍷
CREAM SAUCE, PINEAPPLE, FRIES AND WHITE RICE **15.00€**

MATURED T-BONE
VEGETABLE TOWER AND POTATO GRATIN
(2 PERSON) **48.00€**

VEGETARIAN

MUSHROOM RISOTTO 🍷 🍷
PORTOBELLO MUSHROOMS, PARIS MUSHROOMS AND PARMESAN **14.50€**

VEGETABLES CURRY 🍷 🍷 🍷 🍷 🍷
ACCOMPANIED WITH WHITE RICE **14.00€**

SAUTÉED VEGETABLES 🍷 🍷
BALSAMIC AND SESAME REDUCTION **12.00€**

KIDS UNTIL 12 YEARS

SPAGHETTI BOLOGNESE 🍷 🍷 🍷
MINCED MEAT AND SPAGHETTI **9.00€**

CHEESEBURGUER 🍷 🍷 🍷 🍷
CHEDAR CHEESE, FRIES AND SALAD **11.00€**

FISH STICKS 🍷 🍷 🍷
FRIES AND WHITE RICE **9.00€**